



Healing Hands Holistic Health Center School Of Massage Elective Schedule

January 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Closed Happy New Year 	2 Closed
3 Closed	4	5	6	7	8	9 Sports Massage 2 9am to 5pm \$215.00
10 Sports Massage 2 9am to 5pm	11	12	13	14	15 Reiki Group Open to the Public 7pm to 9pm Free!!!	16 Chakra Basics 10am to 6pm \$275.00
17 Flower Essences 9am to 5pm \$115.00	18	19	20	21	22 Tai Chi Short Form 7pm to 9pm \$20.00	23 Self Care For Care Providers 9am to 5pm \$185.00
24 Asian Hot Stone 9am to 5pm \$215.00	25	26	27	28	29	30 Fibromyalgia 9am to 5pm \$195.00
31 Fibromyalgia 9am to 5pm						


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February 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6 Spa 1 Bamboo Fusion 9am to 5pm \$125.00 Plus \$150.00 Materials (No Discount)
7 Angel Awareness 9am to 5pm \$105.00	8	9	10	11	12	13 Trigger Point (Lower Body) 9am to 5pm \$200.00
14 Trigger Point  (Lower Body) 9am to 5pm	15	16	17	18	19 Reiki Group Open to the Public 7pm to 9pm Free!!!	20 Sound & Music 9am to 5pm \$125.00
21 Advanced Reiki 9am to 5pm \$125.00	22	23	24	25	26	27 Hand & Wrist 9am to 5pm \$125.00
28 Dream Interpretation 9am to 5pm \$105.00						


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March 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6 Chair Massage 9am to 5pm \$195.00
7 Chair Massage 9am to 5pm	8 Beginners Yoga 7pm to 8:30pm \$30.00 (Pkg of 3) \$15.00 Drop in	9	10	11	12	13 Chinese Face Reading 9am to 5pm \$125.00
14 Meditation With Hands On Healing 10am to 6pm \$175.00	15 Beginners Yoga 7:30pm to 8:30pm \$15.00 Drop in	16	17 	18	19 Reiki Group Open to the Public 7pm to 9pm Free!!!	20 Shiatsu 9am to 5pm \$185.00
21 Shiatsu 9am to 5pm	22 Beginners Yoga 7:30pm to 8:30pm \$15.00 Drop in	23	24	25	26	27 Pre Natal and Infant Massage 10am to 6pm \$225.00
28 Pre Natal and Infant Massage 10am to 6pm	29	30	31			




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April 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3 Closed Happy Easter 
4 Closed Happy Easter 				8	9	10 Spa 2 Sugar / Salt Scrub 9am to 5pm \$175.00 (No Discount)
11 Intro To Magnetics 9am to 5pm \$125.00				15	16 Reiki Group Open to the Public 7pm to 9pm Free!!!	17 Lymphatic Reflexology 10am to 6pm \$185.00
18 Lomi Lomi 10am to 6pm \$150.00				22	23 Tai Chi Short Form 7pm to 9pm \$20.00	24 Polarity 9am to 5pm \$185.00
25 Polarity 9am to 5pm				29	30 Spring Tonics Nutritive Herbs 7pm to 9pm \$75.00	

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May 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Myofascial 9am to 5pm \$195.00
2 Myofascial 9am to 5pm	3	4	5	6	7	8 Reiki Masters 9am to 5pm \$525.00
9 Reiki Masters 9am to 5pm Meditation (Pkg of 4) \$150.00 7pm to 9pm 	10	11	12	13	14	15 Chinese Herbs 9am to 5pm \$115.00
16 Aromatherapy 9am to 5pm \$215.00 Meditation 7pm to 9pm	17	18	19	20	21 Reiki Group Will Start Again On Sept. 17, 2010 Summer Break!!!	22 Trigger Point (Upper Body) 9am to 5pm \$200.00
23 Trigger Point (Upper Body) 9am to 5pm Meditation 7pm to 9pm	24	25	26	27	28 Herbs For Summer Ailments 7pm to 9pm \$75.00	29 Sports Massage 1 9am to 5pm \$215.00
30 Sports Massage 1 9am to 5pm Meditation 7pm to 9pm	31  Happy Memorial Day!!!					




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June 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4 Reiki 1 & 2 7pm to 11pm \$275.00	5 Reiki 1 & 2 9am to 5pm
6 Reiki 1 & 2 9am to 5pm	7 Intermed. Yoga 7:30pm to 8:30pm \$30.00 (Pkg Of 3) \$15.00 Drop in	8	9	10	11	12 Intro To Cranial 9am to 5pm \$215.00
13 Intro To Cranial 9am to 5pm	14 Intermediate Yoga 7:30pm to 8:30pm \$15.00 Drop in	15	16	17	18 Reiki Group Will Start Again On Sept. 17, 2010 Summer Break!!!	19 TCM Approaches 9am to 5pm \$185.00
20 TCM Approaches 9am to 5pm 	21 Intermediate Yoga 7:30pm to 8:30pm \$15.00 Drop in	22	23	24	25	26 Spa 3 Seaweed Wrap 9am to 5pm \$200.00 (No Discount)
27 Somatic Stretching 9am to 5pm \$105.00	28	29	30			
Micro Cosmic Orbit 7pm to 11pm \$75.00						

Healing Hands Holistic Health Center School Of Massage Elective Schedule

July 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3 Closed Happy Independence Day 
4 Closed Happy Independence Day 	5	6	7	8	9	10 G Jo Acupressure 9am to 5pm \$205.00
11 G Jo Acupressure 9am to 5pm	12	13	14	15	16 Reiki Group Will Start Again On Sept. 17, 2010 Summer Break!!!	17 Self Care For Care Providers 9am to 5pm \$185.00
18 Advanced Reiki 9am to 5pm \$125.00	19	20	21	22	23	24 Fibromyalgia 9am to 5pm \$195.00
25 Fibromyalgia 9am to 5pm	26	27	28	29	30	31 Instant Emotional Healing 9am to 5pm


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August 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Angel Awareness 9am to 5pm \$105.00	2	3	4	5	6	7 Chair Massage 9am to 5pm \$195.00
8 Chair Massage 9am to 5pm	9	10	11	12	13	14 Flower Essences 9am to 5pm \$115.00
15 Meditation With Hands On Healing 10am to 6pm \$175.00	16	17	18	19	20 Reiki Group Will Start Again On Sept. 17, 2010 Summer Break!!!	21 Trigger Point (Lower Body) 9am to 5pm \$200.00
22 Trigger Point (Lower Body) 9am to 5pm	23	24	25	26	27 Tai Chi Short Form 7pm to 9pm \$20.00	28 Asian Hot Stone 9am to 5pm \$215.00
29 Sound & Music 9am to 5pm \$125.00	30	31				

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September 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4 Shiatsu 9am to 5pm \$185.00
5 Shiatsu 9am to 5pm	6 Advanced Yoga 7:30pm to 8:30pm \$30.00 (Pkg of 3) \$15.00 Drop in	7	8	9	10 Spa Certification 5pm to 9pm \$300.00 (No Discount)	11 Spa Certification 9am to 5pm
12 Spa Certification 9am to 5pm	13 Advanced Yoga 7:30pm to 8:30pm \$15.00 Drop in	14	15	16	17 Reiki Group Open to the Public 7pm to 9pm Free!!!	18 Chakra Basics 10am to 6pm \$275.00
19 Aromatherapy 9am to 5pm \$215.00	20 Advanced Yoga 7:30pm to 8:30pm \$15.00 Drop in	21	22	23	24	25 Pre Natal and Infant Massage 10am to 6pm \$225.00
26 Pre Natal and Infant Massage 10am to 6pm	27	28	29	30		



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October 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Herbs For Winter Health 7pm to 9pm	2 Polarity 9am to 5pm \$185.00
3 Polarity 9am to 5pm	4	5	6	7	8	9 Reiki Masters 9am to 5pm \$525.00
Meditation 7pm to 9pm (Pkg of 4) \$125.00						
10 Reiki Masters 9am to 5pm	11	12	13	14	15 Reiki Group Open to the Public 7pm to 9pm Free!!!	16 Myofascial 9am to 5pm \$195.00
Meditation 7pm to 9pm						
17 Myofascial 9am to 5pm	18	19	20	21	22	23 Hand & Wrist 9am to 5pm \$125.00
Meditation 7pm to 9pm						
24 Somatic Stretching 9am to 5pm \$105.00	25	26	27	28	29	30 Chinese Face Reading 9am to 5pm \$125.00
Meditation 7pm to 9pm						
1 Closed Happy Halloween!! 						



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November 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5 Herbs For Womens Reproductive Health \$75.00 7pm to 9pm	6 TCM Approaches 9am to 5pm \$185.00
7 TCM Approaches 9am to 5pm	8 Beginners Yoga 7pm to 8:30pm \$30.00 (Pkg of 3) \$15.00 Drop in	9	10	11	12 Tai Chi Short Form 7pm to 9pm \$20.00	13 Intro To Magnetics 9am to 5pm \$125.00
14 Body Mechanics 10am to 6pm \$125.00	15 Beginners Yoga 7:30pm to 8:30pm \$15.00 Drop in	16	17	18	19 Reiki Group Open to the Public 7pm to 9pm Free!!!	20 Lymphatic Reflexology 10am to 6pm \$185.00
21 Dream Interpretation 9am to 5pm \$105.00	22 Beginners Yoga 7:30pm to 8:30pm \$15.00 Drop in	23	24	25 Happy Thanks Giving!!! 	26	27 Intro To Cranial 9am to 5pm \$215.00
28 Intro To Cranial 9am to 5pm	29	30				

Healing Hands Holistic Health Center School Of Massage Elective Schedule

December 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4 Trigger Point (Upper Body) 9am to 5pm \$200.00
5 Trigger Point (Upper Body) 9am to 5pm	6	7	8	9	10	11 Chinese Herbs 9am to 5pm \$115.00
12 Lomi Lomi 10am to 6pm	13	14	15	16	17	18 G Jo Acupressure 9am to 5pm \$205.00
\$150.00 Micro Cosmic Orbit 7pm to 9pm \$50.00						
19 G Jo Acupressure 9am to 5pm	20	21	22	23	24 Closed	25 Closed
Christmas Meditation 7pm to 9pm \$50.00						
26 Closed	27 Closed	28 Closed	29 Closed	30 Closed	31 World Healing Meditation 7am Call For Location (586) 469 3811	